



XIX WORLD CONFERENCE ON KINANTHROPOMETRY

MEDELLÍN, COLOMBIA 2026

Conference Program

Thursday, 23rd July 2026

Time (GMT-5)	Activity
8:30 a.m.	Registration
9:30 a.m.	Welcome Conference Opening and Protocol Acts ISAK President, CES Dean & DBSS Scientific Director
10:00 a.m. - 11:00 a.m.	Opening keynote 1 Estimation of Segmental Body Composition with Anthropometry Prof. Raquel Vaquero-Cristobal, PhD (Spain)
11:00 a.m. - 11:30 a.m.	Keynote Influence of Fluid Distribution on DXA Analysis Prof. Jose Moncada, PhD (Costa Rica)
11:30 a.m. - 12:00 a.m.	Bioelectrical Impedance Vector Analysis in Pathophysiological Conditions Prof. Christian Pureco, MSc (Mexico)
12:00 a.m. - 12:30 a.m.	BREAK & NETWORKING – POSTERS/EXHIBITION
12:30 a.m. - 1:00 p.m.	The Sum of Corrected Girths and its Relationship with Energy Expenditure Prof. Katherine Franco, MSc (Colombia)
1:00 p.m. - 1:30 p.m.	Evaluation and Diagnosis of RED-S: The Allostatic Load Index in Athletes Prof. Jorge L. Petro, PhD (Colombia)
1:30 p.m. - 3:00 p.m.	LUNCH – POSTERS/EXHIBITION
3:00 p.m. - 4:30 p.m.	Open communications Applications in Health and Well-being: SDG 3 Advances in Digital Anthropometry and Artificial Intelligence
4:30 p.m. - 5:00 p.m.	BREAK & NETWORKING – POSTERS/EXHIBITION
5:00 p.m. - 6:00 p.m.	Keynote Creatine and Body Composition Across the Lifespan Prof. Richard B. Kreider, PhD (USA)
6:00 p.m.	ISAK Biennial General Meeting (members only)



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Friday, 24th July 2026

Time (GMT-5)	Activity
8:30 a.m.	Registration
9:00 a.m. - 10:00 a.m.	Opening keynote 2 Infant-Juvenile Population and Anthropometry: Influence of Sex Prof. Paulo Sehl, PhD (Brazil)
10:00 a.m. - 10:30 a.m.	Optimizing Interventions for the Management of Sarcopenia Prof. Luis Mario Gómez, PhD (Mexico)
10:30 a.m. - 11:00 a.m.	BREAK & NETWORKING – POSTERS/EXHIBITION
11:00 a.m. - 1:00 p.m.	Demonstrative Assessment STANDARDS IN KINANTHROPOMETRY Prof. Francisco Esparza-Ros, PhD (Spain)
1:00 p.m. - 2:00 p.m.	LUNCH – POSTERS/EXHIBITION
2:00 p.m. - 3:30 p.m.	National Guests and Open Call <ul style="list-style-type: none"> • Symposium on Anthropometry and Clinical Nutrition – Room A • Symposium on Anthropometry and Special Populations – Room B • Symposium on Anthropometry, Physical Exercise, and Sport – Room C
3:00 p.m. - 4:00 p.m.	BREAK & NETWORKING – POSTERS/EXHIBITION
4:00 p.m. - 5:00 p.m.	Keynote Anthropometric Characteristics of Athletes with Physical Disabilities Prof. José Miguel Martínez-Sanz, PhD (Spain)
7:00 p.m.	Conference Dinner (or free time)



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Saturday, 25th July 2026

Time (GMT-5)	Activity
8:30 a.m.	Registration
9:00 a.m. – 10:00 a.m.	Openning keynote 3 Inflammation in Sport and Health Prof. Michael Gleeson, PhD (United Kingdom)
10:00 a.m. – 10:30 a.m.	Cross-Education on Body Composition in Injured Athletes Prof. Jorge Mario Vélez, MSc (Colombia)
10:30 a.m. – 11:00 a.m.	Anthropometric Assessment & Sports Performance in Para-Athletes Prof. Juan Carlos Granados, MSc (Colombia)
11:00 a.m. – 11:30 a.m.	BREAK & NETWORKING – POSTERS/EXHIBITION
11:30 a.m. – 12:00 p.m.	Advances in the Standardization of Digital Anthropometry – CyberMetron Project Prof. Felipe Bedoya, MSc (Colombia)
12:00 p.m. – 12:30 p.m.	Transforming Network: Global Network of Nutrition and Physical Activity (REGINA) Prof. Piedad Roldán Jaramillo, PhD (Colombia)
12:30 p.m. – 2:00 p.m.	LUNCH – POSTERS/EXHIBITION
2:00 p.m. – 3:30 p.m.	Open communications Applications in Health and Well-being: SDG 3 Sport and Physical Performance
3:30 p.m. – 4:00 p.m.	BREAK & NETWORKING – POSTERS/EXHIBITION
4:00 p.m. – 5:00 p.m.	Keynote Generating the Anthropometric Profile with Machine Learning Prof. Diego A. Bonilla (Colombia)
5:00 p.m. – 6:00 p.m.	Awards & Cultural Activity ISAK Closing Speech Organizing Committee & Prof. Francisco Esparza-Ros, PhD